Sexual Assault, Rape, and/or Incest is never the victim's fault.

SASHA CENTER primarily focuses on educating the public, raising awareness and providing support to self-identified survivors of sexual assault.

All support groups are confidential and free of charge.

FIND US ONLINE
For more information about our activism visit: www.SashaCenter.org

SASHA CENTER proudly collaborates with community partners for programming and other activities.

Funded by generous donors, artists, activists and philanthropists like you! Visit our website to donate!

www.sashacenter.org

"This brochure and all of our programming is supported by various donors, grants and awards. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect their views or positions as it relates to providing culturally specific/alternative healing modalities for the populations we serve."

SASHA CENTER GOALS:
To promote and increase healing of sexual assault by using alternative/non-traditional techniques for women of color communities with a special emphasis on African American women, thereby eradicating the fear, shame, guilt as well as any barriers associated with being sexually assaulted through culturally specific peer educational support groups and prevention strategies.

MISSION STATEMENT:
To increase awareness, provide resources and educate the public about sexual assault, provide culturally specific peer support groups to self-identified survivors of rape and to increase justice and visibility for all survivors in Southeast Michigan.

1-888-865-7055
SashaCenter.org
info@sashacenter.org
Founder and Executive Director:
Kalimah Johnson, LMSW, ACSW, LCSW

1-888-865-7055
SashaCenter.org
info@sashacenter.org
Healing Is Possible

**SASHA CENTER**

SASHA CENTER is a sexual assault service, prevention and educational agency which is designed to provide educational/support groups to survivors of sexual assault.

**SASHA CENTER provides:**
Prevention and educational presentations/workshops to schools, communities, churches, corporations and other organizations to raise awareness of sexual assault.

**SASHA CENTER focuses on:**
Activism opportunities and engagement within the community via events, marches, and open forum discussions to bring attention to the negative impact of sexual assault in the African American community.

**SUPPORT GROUP PROGRAM**

The SASHA CENTER support group program has five components which are outlined in this brochure. Each support group series is led and facilitated by a licensed clinical master’s level social worker and/or co-facilitated by a trained survivor of sexual assault.

Survivors can contact the agency directly to participate in groups and SASHA CENTER will take referrals from schools, agencies, organizations, police, private practitioners and community members. All participants must be 16 years or older to participate. Survivors of date, marital or stranger rape, as well as adult survivors of incest are encouraged to join our groups.

**Support Groups**

**SASHA SOAR**
(Survivors Overcoming Assault and Rape)
6-8 Week Educational Support Group

**SASHA POETRY**
6-8 week Creative Writing Workshop support group, utilizing slam poetry, journals, performance and guest poets and writers from the area

**SASHA SPIRIT**
6-8 week program utilizing urban/community gardens, hula hoops, yoga, biking, walking, cooking, reiki, meditation, ancestor reverence, water, crystals and the use of metaphysical sciences towards healing from sexual assault

**SASHA’S SAKE**
6-8 week program for Survivors who were contacted by the police to re-open a case from the past can attend this group to decrease feelings of isolation and manage past trauma with other women in the same situation

**SASHA SOLDIERS**
6-8 week support group for women who have been raped in the military or veteran women survivors

**HEALING IS POSSIBLE SERIES**
Open Group format facilitated by outstanding Healing Practitioners and ALL are welcome

SASHA CENTER coordinates support groups based upon need and requests. Please call in advance to sign up for groups.

SASHA CENTER is currently in need of volunteers and donations. Please visit our website for update and events: SashaCenter.org

Founded in 2010
Sasha Center
P.O. Box 2118
Detroit, MI 48211